

AlwaysBePrepared

Weathering the Storm

Camping supplies or from the house

- ☐ Paper Plates, bowls, cups
- ☐ Plastic utensils
- ☐ Hand sanitizer
- ☐ Water jug
- ☐ Cooler
- ☐ Camping stove and propane {check supply, get extra}
- ☐ Trash bags
- ☐ First Aid Kit
- ☐ Matches/Lighters & Lantern
- ☐ Battery operated radio/Hand crank radio
- ☐ Can opener {not an electric one}
- ☐ Rope
- ☐ 12 Hour unscented candles/2 per day
- ☐ Check Prescriptions and refill if needed
- ☐ Wet Wipes
- ☐ Extra Diapers
- ☐ Tissues
- ☐ Toilet Paper
- ☐ Paper Towels
- ☐ Ziploc Bags
- ☐ Pen, Scissors, and Paper
- ☐ Car Cell Phone Charger
- ☐ Watch/Clock {make sure batteries are fresh}
- ☐ Corded Phone
- ☐ Sunscreen
- ☐ Tools/Whistle
- ☐ Bleach
- ☐ Dozen D Batteries {flashlights}, extra batteries for other electronic devices
- ☐ Flashlights {At least one per person}
- ☐ Glow Sticks {Helps keep the kids happy}
- ☐ Games, Books & Activities for Kids
- ☐ Extra Gas for Grill
- ☐ Pet Food
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Food Storage Items

- ☐ One gallon of water for each person for each day
- ☐ Bottled Water
- ☐ Powdered Milk
- ☐ Peanut Butter
- ☐ Jerky
- ☐ Canned Fruit & Applesauce
- ☐ Bread
- ☐ Gum
- ☐ Tylenol
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Gather/Update

- ☐ Important Phone Numbers & Information
- ☐ Family Photo
- ☐ \$200 Cash for Emergencies {Keep the bills small}
- ☐ Sign up for text, Twitter, FB updates from your local electrical company
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Other Prep Before the Storm

- ☐ Clean Dishes
- ☐ Wash Laundry
- ☐ Clean House, Vacuum, etc.
- ☐ Clean the yard, downspouts, kids toys
- ☐ Secure outdoor items, i.e.: grill, lawn furnishings, etc.
- ☐ Charge Cell Phones, DVD Players, Laptops and other Electronic Devices
- ☐ E-mail Family
- ☐ Fill the Tub {Especially if on well water. This can be used as flushing and bathing water}
- ☐ Fill Plastic Bottles with Water & Freeze {If bottles are cleaned, as the water melts this can be drinking water}
- ☐ Fill Vehicles with Gas
- ☐ Eat Leftovers in Fridge and Freezer
- ☐ Return rented items, i.e.: books, movies, etc.
- ☐ Unplug everything after charging electronic devices to protect against power surges

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Other Tid Bits to Consider

- When you go out shopping for food to prepare, don't stock up on fridge and freezer food. Fruit, canned food and other items that don't have to stay cool are best.
- Know how to manually flush the toilet ~ this is a huge life saver if you do loose the ability to flush.
- Check to make sure items set aside for emergencies, i.e.: radio, camping stove, flashlights, etc., are all in working order.
- Texts will usually go through when calls won't, be sure that everyone knows how to send texts from their cell phone.
- When possible use flashlights, LED's, glow sticks, etc. They are more safe to have around little ones. Candles, lanterns and other fire sources for light can cause harm if miss handled.
- If anyone requires a caregiver or receives assistance from an agency, check with the agency to see how care will be provided during and after the storm.
- Along with receiving updates from your power company, it is important that you report any power outages. The more people in your area who report the more likely you are to be put higher on the priority list. Know the number needed to report power outages. It will still take time to repair all damages, be patient with those out working.

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Emergency Contacts and Phone Numbers

	Phone	Address
<input type="radio"/> Police:		
<input type="radio"/> Hospital		
<input type="radio"/> Fire Department		
<input type="radio"/> Power Company		
<input type="radio"/> Child Care Provider		
<input type="radio"/> Elementary School		
<input type="radio"/> Jr. High School		
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Family Contacts

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Family Emergency Plan

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