

**Dear Highschool-Game Reader**

Welcome to the Beginners E-book. Us writers at HSG have compiled a tonne of knowledge to teach you guys about what it takes to actually HAVE SEX with the hottest girls in your high school.

There's a ton of dating advice out there on google about how to get girls when you're a 40 year loser.... But the major issue is that there isn't any that is specifically for GUYS IN HIGH SCHOOL. If you're in high school and looking to have the girl of your dreams chasing after you, then this guide is a great starting point. All of us are high school/college aged guys who figured out the best way to meet these girls in completely NORMAL WAYS.

Get ready for a taste of what could change your life forever.

**Love the High school Game Crew**

## **Chapter 1 Popularity**



### **How to Dominate Social Circles**

**Foreword**

Everything we are about to discuss requires you to be in a social situation with other people. If you want to get better then you're going to have to put yourself out there into social situations. Go to parties or lunch with other people. Get out there.

You'll slowly start to build your way up the social ladder as well as a bigger social circle. It might not go as well at first but eventually you will get better! Just like any other sport or hobby, it takes practice.

**High school has cliques.**

Whether it's the jocks, the skateboarders or just the druggies. Every school has them to some extent. They might not fit into an exact title but there are going to be different groups of people who like to hang out.

Every school also has the guy(s) who are just nice, easy going people. The guy that people just like being around, who treat even the least popular the same as they treat their popular friends and sit in the top bracket of popularity. We can help you turn into one of those guys. You don't have to be athletic, rich or anything! Understand the next few pages and you will be well on your way.

### **Drama**

High School is full of it. High school girls are about as emotionally unstable as a nuclear bomb built by a junkie with crab claws for hands.

Drama is everywhere: People getting in fights, getting in trouble with your parents for partying too late, hitting on the wrong girls, talking behind someone's back – all big drama grenades.

Drama causes stress in your life. It complicates life even more.

You have enough stuff to worry about like school, going to college or sports to get caught up in it.

stay the fuck out of it.

### **Don't put people down**

#### **Ever**

Simple as that. You might not like the person. But you don't need to jump in with an insult. Be the bigger person.

Inevitably people will try to knock you down as you move up the social ladder. There is a fine line between being a bitch and standing up for yourself while not creating enemies. It's important to remember that people learn how to treat you based on how you let them treat you. With that in mind here are some options if someone is trying to put you down.

1. Confront them. Not online on facebook or on the phone, walk up to him/her and calmly ask what his/her problem is. The important thing here is not to become emotionally charged, this is how arguments are lost. You must keep calm, if they lose their cool they look stupid.
2. If it's not a big deal then do not acknowledge it, there will always be haters, as long as it doesn't affect you just laugh it off.

### **Understanding Why This Happens**

It's a classic big fish/small pond scenario. Right now, you're probably a small fish in a small pond. You're unpopular and you know it, you have a group of friends who are also unpopular and that's the way it is. In any case, if you're reading this, you're not in the top bracket of popularity in your school.

The problem arises because you're a small fish, you're a small fish because throughout school that's just how you've been seen by others, not particularly popular.

So when a small fish like you moves into a big pond, i.e tries to become more popular by talking to the popular kids and generally becoming more social. What WILL happen is, some of the big fish will notice you and think

“What's this small fish doing in OUR pond”

They will give you shit to let you know that you do not belong. You'll have to just accept and overcome this in order to break into the bigger pond. It happens in all aspects of life.

Answer me this, if a less popular kid tried to join in with your group, how would you treat him? It's easy to read this and say you would be friendly, but actually if he joined in and tried to make a joke at your expense, instead of laughing it off and

being comfortable that he was joking, you would probably become very hostile towards that person.

**You should never belittle people in order to gain respect or attention.** It is unattractive to try and intentionally talk badly of others just to make yourself look better. You may see popular guys do it all the time, and think it's therefore something you need to be doing. Well what do you think of these guys? Oh you think they're ass holes? Well so does everyone else, so don't try and act like them. Be authentic.

### **Your Value**

The best way to describe value is that girls are like heat seeking (value seeking) missiles.

Guy who scores a lot of touch downs and everyone cheers for him - High value.

Guy who knows a lot of different people - High value.

Guy who dressed well – High value

There are various things in a person's personality and actions that portray value, you may begin noticing these more now that we've told you it's what makes guys attractive.

Ideally you want to be the guy who is chocked full of value and is handing it out to everyone. Oh you don't have that kind of value? I'll give you some here:

**“I like those shoes man, where'd you get them?”**

*See what I did there? I gave him value, made him feel good about himself.*

**“Dude you have really nice tan”**

*See what I did there? That was gay, avoid gay ones like that.*

**“Hey that bracelet keeps on catching my eye, I like it”**

*See what I did there? It's flirty AND value giving.*

It's important when you give out compliments like this that you don't say them seeking validation. You say them because they are your genuine views and you are confident enough to express them. This is the difference between sucking up to people and giving them value. People notice when you're ass-kissing.

Give value mid conversation with a group. Say your friend or even some other guy tries to make a joke and it just doesn't hit.

The value giving thing to do is **save his ass**.

Most guys will jump at the chance to make a joke at his expense.

DON'T.

Move the conversation past it and try not to highlight the fact that the person just told a horrible joke. People genuinely appreciate this.

### **Fucks: To give, or not to give**

This is the arguably the hardest thing to overcome. It is not easy to break the mindset of caring about what other people think about you.

For instance, if you want to wear a particular shirt and you start thinking “I’d probably get made fun of”. You have to stop yourself right there. If you think it looks good and you wear it with confidence, it won’t matter.

.....And if you genuinely have the fashion sense of a hobo, that needs to be addressed obviously, but once you’re wearing

something you're comfortable in, don't let anyone let you think otherwise.

This goes for any action you do. Do what you want. You are the one who ultimately receives the consequences, good or bad, for your actions. Not other people. So you pussied out and didn't wear it.

What if some girl would have liked the shirt you were going to wear?

Maybe you want to go to a party but your friends don't; forget them. If you want to go then go. Chances are you'll meet some cool people.

You will build your social circle, and put into practice all the things we've talked about above. All of that fell into place because you didn't care what your other friends thought. By

being care-free you are being fun and this is the highest value thing you can do.

This is to do with having a **strong reality**. If other people's opinions affect you to the point that your views change, you are a weak person. This is not to say you can never change your views, but if they do change, make sure it's actually your choice.

Here's a common example: If you really like a band and other people say they suck, stick to your guns, just remember not to get emotionally charged about it. Always keep your cool.

### **Being Positive**

This one is EASY for anyone to do. Even if you sit in your grandma's basement playing yugi-oh with your pet turtles, you

can do this one. Just simple things like looking on the bright side of things. If you failed at something like a test or messed up with a girl, look on the bright side. Learn from your mistakes and be thankful for the experience.. Maybe your favourite team just lost the big game; all your friends are bummed.

Saying something like

“oh well, now we have an excuse to get drunk!” brings the mood up. Smiling and laughing more often are all positive things that girls will pick up on too. There are always 2 sides to any situation. A downside and upside always do the latter.

Being an encouraging person is also a way to be positive. If your friend is playing for the basketball team, cheer him on at the games. It's easy as poop.

The most important thing here is that you don't do this because you want people to see you as positive. People WILL NOTICE if you act this way, just have a little faith, don't go out of your

way to show them how positive you are. YOU MUST HAVE A STRONG REALITY. Otherwise you'll fall into a classic pitfall:

### **Being needy!**

When I see guys and even my friends being needy, I just cringe. Nothing will turn a girl off faster than neediness. Being needy may include:

1. Double texting a girl( texting a girl again before she texts you back) or calling multiple times
2. Having no life (no extracurricular activities, friends or a job)
3. Being overly controlling and untrusting
4. Approval seeking

**Fix 1 Double texting:** Never ever do this. If she does not respond, you CAN NOT take it personally. It might be hard at first but you will find out that there could be a million reasons for

a girl to not text back. Just forget about it and talk to her at school. When you do see her at school, try not to mention the fact that she didn't text you back. If she continually does not text back, drop her. Text more than one person at a time and make sure you keep yourself busy whilst texting so you're not just waiting for a reply like some desperate loser. We advise guys to text at least 5 girls at a time if they can.

**Fix 2 Having No Life:** If you love chess, join the chess club. If you love Harry Potter, join the Harry Potter club. You'll find people like you in these clubs and probably even some girls. You will already have something in common with these people which will make it easier to be friends with them. Get a job and make friends with those people. You will all be stuck in the same building for a long period of time, so take advantage of it.

**Fix 3 Being Untrusting:** Things like making girls check in with you everywhere they go or making them tell you what they're

doing at all times of the day. It comes off as needy and insecure.

Can you not have fun without that person?

You need to be able to.

Hanging out with your friends and just being too occupied to worry about other people is the best way to make sure this never happens.

**Fix 4 Approval Seeking:** Needy people will naturally search for the approval from others. For instance if a girl says she likes Justin Bieber and you say you also like him just to agree with her, that is approval seeking. If a girl is watching The Bachelorette and you watch it with her WILLINGLY and act like you like it JUST to spend time with her, that is approval seeking. Girls don't mind disagreement; in fact they would

rather have it than total agreement. By disagreeing you're showing you can stand up for yourself. You are the strong one in the relationship, so act like it.

## Chapter 2: How To Meet New People



(Hopefully Girls)

### **Approaching**

Meeting new people is a part of life that you should be able to do daily without even thinking about it for a moment. You should be comfortable approaching people even if it's just to ask for the time or directions. They will not feel threatened and neither should you.

Approaching women that you find attractive is no different, your goal is simply to talk to her and find out if she meets your standards for a friend, hook up or even to take on a date. Many men approach with the feeling that the woman is better than

them simple because she has boobs. This is the surest way to convey low value through outcome dependency. However if you approach her and treat her like any other person you will have much greater success!

Not every approach will be successful because that's not how the world works but you will gain experience from each one all the same. Usually men over think approaching women because of any number of reasons. Maybe you have feelings of inadequacies, a bad experience, or are just scared of rejection and being judged. No matter what the reasoning the path to the success is the same; PRACTICE.

### **Action > Theory**

There are many articles, books and websites devoted to teaching you how to meet women, but you will never be successful unless you put this knowledge into practice. This idea that practice makes perfect isn't a new one, and it applies

to every aspect of our daily lives including meeting people. It's great to read an article on eye contact, but unless you go out try it for yourself you will never know if it really works or suits you personally!

We live in a society where emotions with absolutely no logical grounds are a valid reason not to do something for most people. That's insane. This is what's stopping you from getting what you want. Learn to control your own emotions in order to get what you want from life. Stop shying away from taking action just because of the nervous feeling you get in your stomach, in that moment it's do or die, the choice is yours.

### **How to Push Yourself**

There are many ways to improve your game but when you start out one of the best is to simply set aside some time and tell yourself that you need to approach a certain number of women in the time you allotted. If you are having trouble, make your

self do a punishment.

For example

“I will approach 5 women in the next 2 hours, and for every one that I am short I will do 10 push ups.”

So if you only approached 2 women you would have to do 30 push ups. Push ups is the easiest thing to come up with, but the punishment can be anything. You can also reward yourself

i.e. “If I do these 5 approaches I’ll buy myself an ice cream”

(it sounds immature but that ice cream will taste fantastic because you earned it and also because it is delicious)

A great way to see gradual improvement throughout is to make a habit of talking to anyone. It makes everything feel so much more natural and really expands your comfort zone. An easy way to help yourself do this is to set a goal to talk to a certain

number of new people in a day.

Start at 5 a day but the more you can do the better. This is so easy to do and you can do it at school, on the bus, in a store or at a park as you go about your daily life.

Once again punishments, or rewards, should be used as motivation. If you find you still just can't do it then simply lower the difficulty until you are achieving the goal on a regular basis.

### **Still can't approach, feel like you're hopeless?**

I know there are some of you who can't manage any approaches at all no matter how hard you try.

**YOU ARE NOT ALONE.**

There is a thought pattern all people go through before failing to

approach:

Alright here's my chance....

Wait what if I get rejected.... Time's running out....

Should I do this?

I don't know if I can do!

But I've read all this stuff....what should I say, what CAN I say?

ok..... forget it I'll do the next one

... I'll be fine I don't need to approach I'm pushing myself too  
hard

You're in this position because you are reluctant to push  
through your comfort zone and be uncomfortable for mere  
seconds, despite the fact that you'll improve so much for doing  
it.

**PUSHING YOUR COMFORT ZONE IS CRUCIAL.**

But It's also obvious to me that me giving you the advice 'just do it, be brave' may be the best advice; however it's impractical, because there are those of you with head in hands saying 'I just can't do it', and you mean it.

Well I say to you troubled teens, you can do it, you just don't know it yet!

**Here's what you do:**

You're going to built yourself up little by little. Wake up each day with goals; treat these goals as building blocks. you will build yourself up goal after goal if you stick at it.

If you're setting yourself goals that are hard, then BE PREPARED to step out of your comfort zone and achieve,

you'll feel amazing once you do, and you'll know that you've grown from it.

If you set yourself a hard goal and you aren't willing to force yourself to do it. Split it up into several little goals. But never abandon it altogether. Learn to trust yourself by not letting yourself down.

Set an innocent goal like 'Talk to a girl a day', and once you're comfortable doing that it leads to 'get that girls number' and then you escalate from there.

I

know this seems like you're forcing it too much, but if you honestly can't talk to a girl comfortably then you need to start somewhere and build a foundation.

The goals can be ANYTHING. Be creative, what do you need to improve on?

This isn't just about getting a girl. This is about creating a better life that will get you girls. You become better as a person and the girls will come that much easier.

### **Comfort and You**

When you first try something new you will not be comfortable with it. Whether that new thing is riding a bike/driving a car or talking to new people. It's only natural to be nervous and therefore uncomfortable.

But haven't you found that the more you've ridden a bike or driven a car, the more comfortable you've gotten? Of course you have, it's a mental process of familiarity - and social situations are no different. Think of a first kiss for example. Before the first kiss, everyone gets nervous. Once you do it, you're familiar with it and it becomes that much easier.

Your comfort zone is the reason why we can be comfortable around our friends but uncomfortable around new people.

If you go out and get used to meeting new people, you become familiar with the process of meeting new people. You adjust naturally and become comfortable with it.

When you're comfortable with it, you'll surprise yourself.

## **Chapter 3 How to Interact With Girls**



What is Communication? Communication is a two way process. It is the process through which you impart your knowledge, express your feelings and convey your ideas. There are mainly three types of communication. They are

**Non-verbal**

**Verbal**

**Written**

The most important aspect of communication when talking to a girl is not 'Imparting knowledge' or 'Conveying your ideas'. You're not trying to lecture them, you're trying to get their number! it's about 'expressing your feelings', which is done non-verbally.

Research has suggested that between 60 and 70 percent of all meaning is derived from nonverbal behavior.

**This means 70% of what you're saying to a girl is not coming out of your mouth, it's coming from how you're looking at her, and how you're acting around her.**

Admittedly it's hard to believe because some things literally can't be communicated non-verbally, e.g. "What's for dinner?"

That is **irrelevant!** We're talking about a man and a woman talking, 70% of the *sexuality* isn't in the words.

Think of the last time you spoke to a girl you like. The words convey very little meaning and the conversation was probably pretty meaningless, the non-verbal communication is what matters. If you're very physical and confident; the end result will be a success.

This is not to say it doesn't matter what you say, we're just trying to open your eyes to the beauty of non-verbal communication

### **Non-Verbal Tip #1: Use Your Eyes**

Eye contact is very important part of communication in every interaction you have, not just with girls.

#### **The Balance**

**Too much** eye contact can make you come off as aggressive, or just plain creepy, imagine someone just staring at you throughout a conversation – weird right?

**Too little** eye contact can show that you're insecure or just not interested enough in a person. Similarly to before, imagine having a conversation with someone and they shy away from looking at you the whole time, you know from this that they are shy.

You have to get a feel for this balance through experience because everyone you interact with is different.

For example, if you're talking with someone who gives you strong eye contact back, hold that eye contact more than usual. This probably means that they're comfortable with it.

But if you're with someone who doesn't, they may be a little intimidated by you if you try to hold too much eye contact with them. You have to adapt depending on the person in order to understand what is or isn't enough eye contact.

It's very important that when you're talking to a group of people that when you talk you give EVERYONE some eye contact.

Don't just focus on that girl you like or the people you feel more comfortable with. Like was said above, this is another little thing that involves pushing your comfort zone. If you don't, the people you don't look at may become uninterested in what you're saying.

When you want to break eye contact every now and again simple move your eyes as if you're thinking of something, don't let them flick fastly from place to place as you will appear nervous.

When you're talking one on one with someone it may seem hard not to stare at them as you've got no one else to look at. A lot of people will avoid staring at the person by looking down at the floor, up the sky, or just off at their surrounding.

THIS IS WRONG. VERY WRONG.

Doing any of those that you're basically not interested. Instead, take a break from eye contact by simply looking at their other facial features like their lips every once in a while.

When you're talking to an alpha male, hold more eye contact, it shows you're confident and not just going to submit to him like the others in his group may have.

### **Non-Verbal Tip #2: Get Physical**

This involves ANY sort of touching between you and the girl, whether its 'accidental' or on purpose, it all counts.

#### **The touch barrier**

If you don't touch a girl at all then you will never have any success. You have to break the touch barrier. The touch barrier

is broken simply by touching the girl in any way. The more the better, but it needs to be broken in some manner.

**Accidental touching:**

It's not hard to explain, it's exactly how it sounds. You touch her in an accidental manner. It's nowhere near as effective but if you're not comfortable being so direct then it's better than nothing, what is important is that you break the touch barrier.

Examples include: accidentally touching her in anyway, like reaching out your hand and lightly brushing her arm.

We don't recommend you buy into any 'accidental touching' too much because quite frankly, what kind of a man needs to pass off touching a girl as an accident? Instead we highly recommend you bypass it altogether.

**Touching on purpose:**

Again it's exactly how it sounds, touching her with intention and purpose. This is where non-verbal communication occurs. If you tickle a girl playfully it is flirtatious and shows you're fun and confident. Women like guys who are fun and confident, it builds attraction.

The main thing with touching girls is to be comfortable with it. If you grab her hand nervously like she's made out of poison ivy then you're communicating to her that you're nervous, this actually makes your intentions crystal clear to her and because you're so nervous it's creepy.

That's why it's important that you touch her with confidence, it's more natural. It may make intentions clear, but you keep her guessing because you're not intimidated by her. Touching her in a confident way shows the girl that you're her equal and that's how you should be treated.

When you first start out with the girl, you want to keep the touching short but frequent so that she can get comfortable with it. As time goes on, you can hold it longer and escalate things sexually from there. You also want to be the person who starts AND ends it. This shows that you're in control.

If you find the girl isn't comfortable with you touching her then do it more frequently but for less time. It's important to not let her reaction discourage you; you're not touching her to please her you're doing it because you feel like it – that's what you need to communicate through your actions.

### **30% is Still Verbal, So Speak Up!**

One of the most important things to remember when you're talking with anyone is your tonality. A lot of people overlook this when they try and work on their game, but it's an important issue.

Tonality is how you speak; if your tonality is poor people aren't going to be interested in what you're saying. A good thing to improve your tonality is to just speak

## **LOUDER**

People will pay more attention and care more about what you're saying if you have confidence in the stuff coming out of your mouth.

However a common mistake with beginners is to go overboard and try too hard to sell themselves to their peers. Pay attention and adjust to what's appropriate.

Another important thing to watch out for when you're speaking is to make sure you're not talking *too fast*. Generally speaking people who talk too fast are nervous people. They talk fast

because they think if they don't get out what they need to say quickly, people will stop paying attention to them. So if you speak at a slower pace, you control the pace of the conversation. Learn to captivate people with what you are saying.

## **Social Mistakes to Avoid**

### **1. Do not become an approval seeking robot**

A lot of people make this mistake for years without even realizing. Don't do things to get the thumbs up from other people, do things because YOU want to do them. People can tell when you're seeking validation, it may not be in their conscious thought process, but they'll know that you're not the alpha male if you're always trying to get the approval of others.

You think someone like Brad Pitt tells a joke because he wants to impress the people he's with? Of course not! He tells it because he thinks it's funny. This makes you come across as a more confident person you're also being genuine and having fun. Who cares what other people think, they don't have to live with it, you do.

### **2. Outcome dependency**

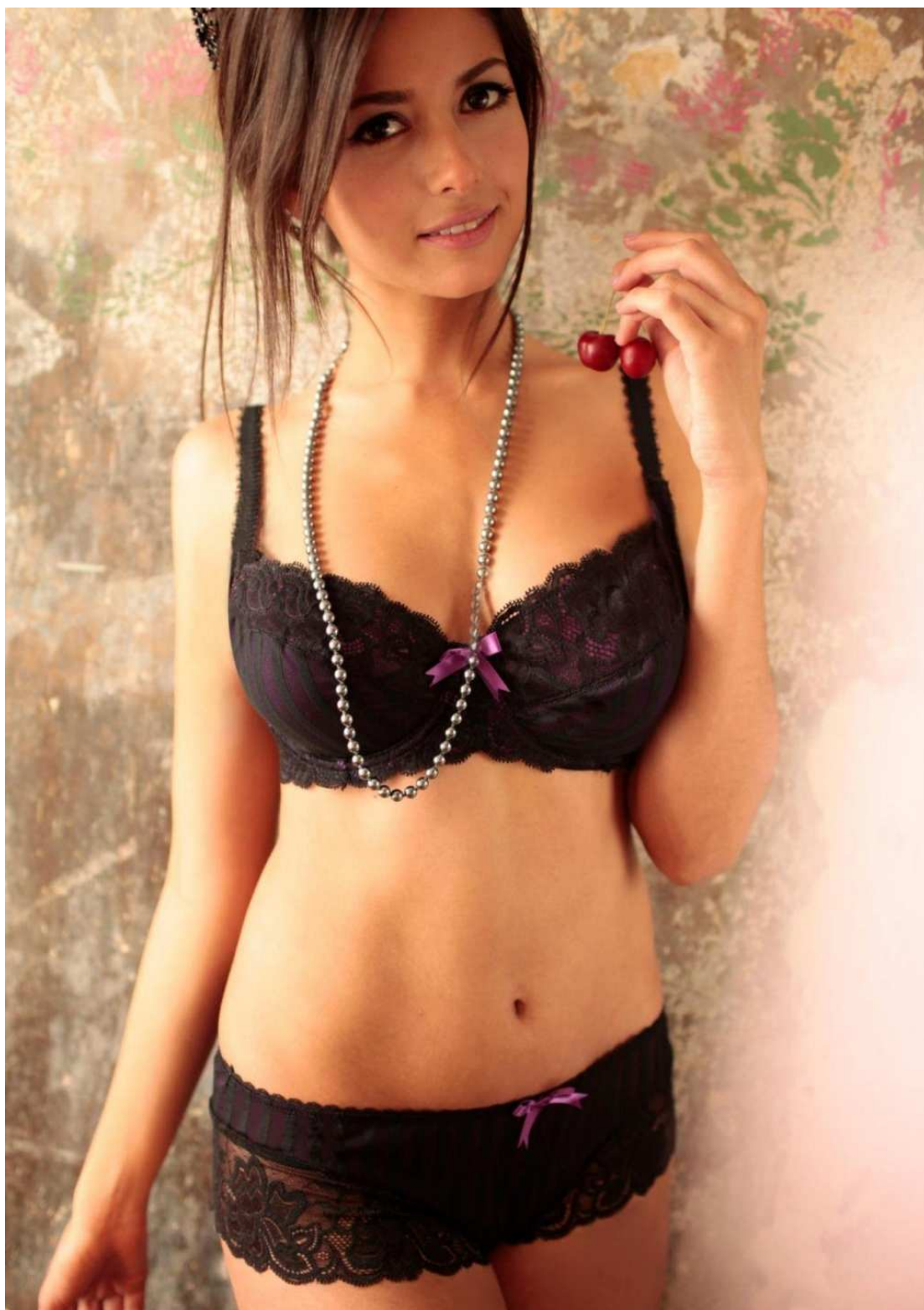
If you put so much pressure on yourself to get something out of an interaction, and count it as a failure if you don't, you're going about it the wrong way.

If you approach a girl and all you're thinking is 'I need to get her number' you will get nervous due to the pressure you're putting on the interaction. This will be communicated non-verbally in your actions and body language and it is very unattractive.

You approach, you open, you have a conversation. If it goes well, good job, if it doesn't, don't worry about it. You can't look at this as a numbers game. Because the majority of the time, you'll look like you're losing, especially as a beginner. Any approach you do is already a success.

If you're not dependent on the outcome, you don't fear rejection, which means you're more likely to behave more relaxed and comfortable, which will get you better results in the end.

## **Chapter 4: How to get girls to like you**



You need to stop thinking of girls as super sexy, reasonable goddesses. Both genders are slaves to their emotions. Your instincts and hormones control this whole dating thing on a level that's hard to even understand.

Keep in mind that your brains react the **same way an animal does** but with a few higher brain functions. Try to compare it to the way a dog would think, a dog reacts to his/her environment.

There is one concept from which all of psychology is based which will change your life if you apply it:

***"Reward behaviour you like, punish behaviour you don't."***

That's all there is to controlling any social environment you may find yourself in. It's really simple in application. If a girl acts the way you want her to, she flirts with, touches, or gets closer to

you, then you reward her with attention, a compliment, a smile, or more touch.

On the flip side if she does the opposite of the above, or if she's being a bitch, punish her. This isn't you reacting to her, but ignoring her, push yourself away from her, bring the rest of the group to a spot but exclude her.

Her brain will freak out. She will subconsciously seek your approval and her behaviour will change. You can do this any situation, with any gender. Ignoring a person as punishment and giving them attention as a reward works really well, feel free to experiment.

It is especially important to remember to **assume dominance** in all situations. Try to be the leader of the pack. This does not mean constantly leading, you can be laid back. But know that you can take control whenever you want.

If you act based on that assumption, then you will be able to **dominate and control** everyone's actions in the group.

Let's go back to the dog example. When you're training or dealing with a dog you have to be the one in control. When it barks and you don't like it - it gets punished.

When a dog does a trick it gets a treat. A dog will act the way you want it to, based on the punishments and rewards you give it, but **only if you're consistent**. it's called conditioning.

This is not to say that guys or girls are less than you and are akin to trained dogs, but when push comes to shove, they will react according to their **emotions**, *just like animals*.

This dominance kicks ass because it allows you to add value wherever you are, and girls find valuable men attractive.

### Value and Weakness

When you are valuable you are making it more fun for everyone. You're protecting the bullied, playing off douche bags, laughing, enjoying yourself and more importantly making it so everyone enjoys themselves more. When you show weakness you are taking away the fun and happiness of others by being a chode.

When you react negatively to someone being the way you don't want to be, when you become too emotionally charged, when you're whining or annoying, whenever you take the fun away you are showing **weakness** which makes you **unattractive**.

The easiest way to sum this up is this simple motto:

***"Don't sweat the negative shit, just have fun!"***

**ESCALATION****What is escalation?**

Escalation is a tricky word if you don't inherently understand its meaning:

es·ca·late [es-kuh-leyt]

verb

1. to increase in intensity, magnitude, etc.: to escalate a war; a time when prices escalate.
2. to raise, lower, rise, or descend on or as if on an escalator.

Consider your relationship with any girl. To escalate with a chick means that you intensify the positive feelings she feels for you and to rise from a guy she doesn't know to a guy who's she fucking.

Escalation is the whole process involving dominance, flirting, touching, talking, everything. Escalation decides where these things lead based on where your intentions lie. Making out, foreplay, sex, what's your fancy?

*The next question to answer is usually:*

How do I escalate?

The simple answer is fairly straightforward: ***Communicate with her in a more intense manner over time.***

That's it in a nutshell, you may forget what to do, or say, or act like. Just as long as you remember to escalate you'll be alright.

This is one of the many things in this world that just takes some courage.

### **The 3 Key Styles to Use**

If you want a girl to like you there are three styles that you have to combine: ***Emotional, Physical, and Sexual.***

#### **Emotional**

Emotional is essentially *trust*; you have to communicate in a way that generates an emotional reaction in her. This is called rapport and this is where a majority of verbal game exists. You don't need to be all touchy feely, but when talking you need to trigger her emotions, and not just talk about the same old shit.

#### **Physical**

This component of communication is the least used in conventional dating because guys are too scared to apply it. You have to stop caring about those mental handicaps that make you nervous to touch a girl. As long as you don't dive on girls tits you'll be fine.

Grow to enjoy touching girls. Imagine that everyone is monkeys, monkeys touch all the goddamn time, it's just a closeness that most people are just afraid of taking advantage of. A few good examples are spanking, hugging, hi fiving, chest bumping, hand slap games, stroking extremities. Experiment with touch as **a primary form** of communication.

### **Sexual**

This is the most nerve racking, but the most important. The entire time you're communicating with some girl there is a separate track of conversation along side it, the sexual context.

This is why you need to make the **conversation sexual**. If you make it sexual its going to make it a whole lot easier to avoid that dreaded friend-zone. Even when you aren't talking about her, misinterpret everything as sexual, look for new and exciting ways to make sex the topic of conversation.

Use all these forms of communication in harmony. Being sexual grouped with making her emotionally connected to you, as well as touching continuously, will lead to the kiss.

When it comes time for the kiss

**It is very important that you escalate out of this stage steadily** once you've get her alone, and soon this will lead to boob grabs, fingering, and all the classic foreplay. don't stop escalating and you'll be in her pants.

### **How to Seal The Deal**

The most important part of escalation, beyond being consistent, is your **intention**. Intention is what you want from her.

At first you may find it hard to openly express your intentions to a girl you want to get with, you may think it won't work, or that

it's just embarrassing. But it works if you're confident enough to stand your ground afterwards, because she will test you.

If you don't want to openly express your intention vocally, than do it non-verbally.

The girl will still test you in the same way, but many beginners find it easier to be direct this way.

There are moments when the girl will offer you an opportunity to escalate sexually, you may be interested to know that awkward silences are usually these opportunities that girls **disguise as failure**. Each time you utilize these opportunities you build up your chances of hooking up with the girl.

The initial discouragement that a girl usually portrays is what puts most guys off the idea of being direct with her, since she seems like a **giant bitch**. Don't worry about it, she is just **protecting a good girl image**, no girl likes being labelled a whore.

This is not a problem; all you have to do is endure any shit tests by being cool and playing off all her criticisms in a flirty way.

After doing this enough times you'll get comfortable with these interactions and you'll have a good time no matter how much of a bitch she is initially. When you meet up with her again or isolate her she will be much nicer and flirty since she doesn't need to protect her prude reputation.

At this point you've *got the girl*.

*Good Luck*

*Go Get Her*

*-High school Game Team*